

2006 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 1: Cups of Fruits and Vegetables Eaten by California Adolescents (N=1,225)

For each meal and snack:

Did you eat any fruits or vegetables, or drink any 100% juice for [meal or snack] yesterday?

Which fruits, vegetables or 100% juice did you have for [meal or snack] yesterday?

How many servings of [each fruit, vegetable, or 100% juice reported] did you eat for [meal or snack]?

	Reported Mean Cups of Fruits and Vegetables		
	Fruits, Vegetables, Salads and Juices ¹	Fruits and Juices ¹	Salads and Vegetables
Total	2.4	1.8	0.6
Gender			
Males	2.3	1.7	0.6
Females	2.4	1.8	0.6
Ethnicity			
White	2.1 ^a **	1.5 ^a ***	0.7 ^b *
African American	2.3 ^{ab}	1.8 ^{ab}	0.6 ^{ab}
Latino	2.6 ^b	2.0 ^b	0.5 ^a
Asian/Other	2.5 ^{ab}	1.9 ^b	0.6 ^{ab}
Gender by Age			
Males			
12-13	2.6 ^b *	1.9	0.7
14-15	2.2 ^a	1.6	0.5
16-17	2.2 ^{ab}	1.6	0.6
Females			
12-13	2.6 ^b **	2.0 ^b **	0.6
14-15	2.5 ^b	1.9 ^{ab}	0.7
16-17	2.1 ^a	1.5 ^a	0.5
Income			
<\$15,000	2.6 ^b **	2.0 ^c ***	0.6 ^{ab} **
\$15,000 - \$24,999	2.6 ^b	2.1 ^c	0.4 ^a
\$25,000 - \$34,999	2.4 ^{ab}	2.0 ^{bc}	0.4 ^a
\$35,000 - \$49,999	2.4 ^{ab}	1.6 ^{ab}	0.8 ^b
\$50,000 - \$74,999	2.6 ^b	2.0 ^{bc}	0.5 ^{ab}
≥\$75,000	2.0 ^a	1.4 ^a	0.6 ^{ab}
Food Stamp Status, % FPL			
Participant, ≤130%	2.6 ^b **	2.1 ^b ***	0.5 ^a *
Likely Eligible, ≤130%	2.6 ^b	2.1 ^b	0.5 ^a
Potentially Eligible, 131-185%	2.1 ^{ab}	1.5 ^a	0.6 ^{ab}
Not Eligible, >185%	2.2 ^a	1.6 ^a	0.6 ^b
Smoking Status			
Non-Smokers	2.4	1.8	0.6 *
Smokers	1.9	1.6	0.4
Physical Activity Status			
Regular	2.5 ***	1.9 **	0.6 **
Irregular	2.1	1.6	0.5
Overweight Status			
Not at Risk	2.3	1.8	0.6 *
At Risk/Overweight	2.4	1.7	0.7

¹ Juices include only 100% fruit juices.

Cups of fruits, vegetables, and salads were calculated as 0.5 servings. Cups of fruit juices were calculated as 0.75 servings.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Categories sharing a common superscript (a,b,c) are not statistically different from each other (Tukey's test at a procedure-wise error rate=.05).

Some numbers may not add to total due to rounding. Numbers were rounded to the nearest tenth of a cup.

ANOVA

* p<.05

** p<.01

*** p<.001

2006 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 2: Servings of Fruits and Vegetables Eaten by California Adolescents (N=1,225)

For each meal and snack:

Did you eat any fruits or vegetables, or drink any 100% juice for [meal or snack] yesterday?

Which fruits, vegetables or 100% juice did you have for [meal or snack] yesterday?

How many servings of [each fruit, vegetable, or 100% juice reported] did you eat for [meal or snack]?

	Reported Mean Servings of Fruits and Vegetables		
	Fruits, Vegetables, Salads and Juices ¹	Fruits and Juices ¹	Salads and Vegetables
Total	4.2	3.0	1.2
Gender			
Males	4.3	3.1	1.2
Females	4.1	2.9	1.2
Ethnicity			
White	3.8 ^a **	2.5 ^a ***	1.3 ^b *
African American	4.0 ^{ab}	2.8 ^{ab}	1.2 ^{ab}
Latino	4.4 ^b	3.4 ^b	1.0 ^a
Asian/Other	4.5 ^{ab}	3.3 ^b	1.2 ^{ab}
Gender by Age			
Males			
12-13	4.6 ^b *	3.2 ^a *	1.3
14-15	3.8 ^a	2.7 ^a	1.1
16-17	3.9 ^{ab}	2.7 ^a	1.1
Females			
12-13	4.6 ^b **	3.5 ^b **	1.2
14-15	4.5 ^b	3.2 ^{ab}	1.3
16-17	3.7 ^a	2.7 ^a	1.0
Income			
<\$15,000	4.5 ^{ab} *	3.3 ^b ***	1.2 ^{ab} **
\$15,000 - \$24,999	4.3 ^{ab}	3.4 ^b	0.9 ^a
\$25,000 - \$34,999	4.2 ^{ab}	3.4 ^b	0.8 ^a
\$35,000 - \$49,999	4.3 ^{ab}	2.7 ^{ab}	1.6 ^b
\$50,000 - \$74,999	4.6 ^b	3.6 ^b	1.1 ^{ab}
≥\$75,000	3.7 ^a	2.4 ^a	1.2 ^{ab}
Food Stamp Status, % FPL			
Participant, ≤130%	4.5 ^a *	3.5 ^b ***	1.0 ^{ab} *
Likely Eligible, ≤130%	4.4 ^a	3.5 ^b	1.0 ^a
Potentially Eligible, 131-185%	3.8 ^a	2.6 ^a	1.2 ^{ab}
Not Eligible, >185%	4.0 ^a	2.7 ^a	1.3 ^b
Smoking Status			
Non-Smokers	4.2	3.0	1.2 *
Smokers	3.4	2.7	0.7
Physical Activity Status			
Regular	4.4 ***	3.2 ***	1.3 **
Irregular	3.5	2.6	0.9
Overweight Status			
Not at Risk	4.1	3.0	1.1 *
At Risk/Overweight	4.3	2.9	1.4

¹ Juices include only 100% fruit juices.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Categories sharing a common superscript (a,b,c) are not statistically different from each other (Tukey's test at a procedure-wise error rate=.05).

Some numbers may not add to total due to rounding. Numbers were rounded to the nearest tenth of a serving.

ANOVA

* p<.05

** p<.01

*** p<.001

2006 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 3: Servings of Fruits, Juices, Salads, and Vegetables Consumed by California Adolescents (N=1,225)

For each meal and snack:

Did you eat any fruits or vegetables, or drink any juice for [meal or snack] yesterday?

Which fruits, vegetables or juice did you have for [meal or snack] yesterday?

How many servings of [each fruit, vegetable, or juice reported] did you eat for [meal or snack]?

	Reported Mean Servings of Fruits, Juices, and Vegetables		
	Fruits	Juices	Vegetables
Total	1.9	1.1	1.2
Gender			
Males	1.7 **	1.1	1.2
Females	2.1	1.0	1.2
Ethnicity			
White	1.7 ^a ***	0.8 ^c ***	1.3 ^b *
African American	1.5 ^{ab}	1.3 ^{ab}	1.2 ^{ab}
Latino	2.1 ^{bc}	1.4 ^a	1.0 ^a
Asian/Other	2.3 ^c	1.0 ^{bc}	1.2 ^{ab}
Gender by Age			
Males			
12-13	2.0	1.2	1.3
14-15	1.6	1.1	1.1
16-17	1.6	1.1	1.1
Females			
12-13	2.3	1.2 ^b **	1.2
14-15	2.0	1.2 ^b	1.3
16-17	1.9	0.8 ^a	1.0
Income			
<\$15,000	1.8 ^{abc} ***	1.5 ^b ***	1.2 ^{ab} **
\$15,000 - \$24,999	1.7 ^{ab}	1.7 ^{bc}	0.9 ^a
\$25,000 - \$34,999	2.3 ^{bc}	1.1 ^{ab}	0.8 ^a
\$35,000 - \$49,999	1.9 ^{abc}	0.8 ^{ac}	1.6 ^b
\$50,000 - \$74,999	2.5 ^c	1.0 ^{abc}	1.1 ^{ab}
≥\$75,000	1.6 ^a	0.8 ^{abc}	1.2 ^{ab}
Food Stamp Status, % FPL			
Participant, ≤130%	2.0	1.5 ^b ***	1.0 ^{ab} *
Likely Eligible, ≤130%	2.0	1.4 ^b	1.0 ^b
Potentially Eligible, 131-185%	1.8	0.8 ^a	1.2 ^{ab}
Not Eligible, >185%	1.8	0.9 ^a	1.3 ^a
Smoking Status			
Non-Smokers	1.9	1.1	1.2 *
Smokers	1.8	0.9	0.7
Physical Activity Status			
Regular	2.1 ***	1.1	1.3
Irregular	1.5	1.1	0.9
Overweight Status			
Not Overweight	1.9	1.1	1.1 *
Overweight/Obese	1.8	1.1	1.4

Juices include only 100% fruit juices.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Categories sharing a common superscript (a,b,c) are not statistically different from each other (Tukey's test at a procedure-wise error rate=.05).

ANOVA

* p<.05

** p<.01

*** p<.001

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Table 4: California Adolescents Reported Eating Less than One Serving of Fruits and Vegetables, No Fruits or Juices, and No Vegetables or Salads (N=1,225)

For each meal and snack:

Did you eat any fruits or vegetables, or drink any 100% juice for [meal or snack] yesterday?

Which fruits, vegetables or 100% juice did you have for [meal or snack] yesterday?

How many servings of [each fruit, vegetable, or 100% juice reported] did you eat for [meal or snack]?

	Percent of Adolescents		
	Reported Having Less than 1 Serving of Fruits or Vegetables ¹	Reported No Servings of Fruits or Juices ²	Reported No Servings of Vegetables or Salad ²
Total	11.2	19.0	53.2
Gender			
Males	11.4	19.2	54.1
Females	11.0	18.8	52.2
Ethnicity			
White	12.1	22.7 ***	43.6 ***
African American	12.8	29.1	60.5
Latino	11.0	15.0	61.2
Asian/Other	8.5	15.0	52.8
Gender by Age			
Males			
12-13	7.0 *	12.8 **	48.0
14-15	15.1	20.4	59.6
16-17	12.5	24.7	54.8
Females			
12-13	5.5 **	11.1 ***	53.6 *
14-15	12.3	17.9	45.5
16-17	15.4	27.7	57.7
Income			
<\$15,000	12.0 *	14.6 ***	60.2 ***
\$15,000 - \$24,999	14.9	17.5	62.4
\$25,000 - \$34,999	15.6	16.9	62.9
\$35,000 - \$49,999	18.6	32.1	47.9
\$50,000 - \$74,999	6.5	12.4	59.2
≥\$75,000	9.9	23.0	46.6
Food Stamp Status, % FPL			
Participant, ≤130%	15.1 ***	17.7 **	60.1 ***
Likely Eligible, ≤130%	10.6	12.3	61.2
Potentially Eligible, 131-185%	23.4	27.6	59.5
Not Eligible, >185%	8.2	21.2	46.8
Smoking Status			
Non-Smokers	10.4 ***	18.3 **	52.6 *
Smokers	27.8	34.4	66.4
Physical Activity Status			
Regular	10.2	17.7	50.3 **
Irregular	13.9	22.6	60.9
Overweight Status			
Not at Risk	12.4	19.7	55.2 **
At Risk/Overweight	9.2	19.2	46.1

¹ Calculated using total servings of fruits and vegetable for the individual. Categorized as having less than 1 serving of fruits and vegetables.

² Categorized as having less than .5 servings of fruits or vegetables.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

* p<.05

** p<.01

*** p<.001

2006 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 5: Proportion of California Adolescents Ate the Recommended Servings of Fruits and Vegetables (N=1,225)

For each meal and snack:

Did you eat any fruits or vegetables, or drink any 100% juice for [meal or snack] yesterday?

Which fruits, vegetables or 100% juice did you have for [meal or snack] yesterday?

How many servings of [each fruit, vegetable, or 100% juice reported] did you eat

	Percent of Adolescents				
	Servings of Fruits and Vegetables				Met the Recommendations ² for Fruits and Vegetables
	0 ¹	1-2	3-4	5+	
Total	11.2	24.9	22.6	41.3	31.0
Gender					
Males	11.4	26.8	20.6	41.2	21.3 ***
Females	11.0	22.9	24.8	41.4	41.4
Ethnicity					
White	12.1	26.5	24.2	37.2	27.1
African American	12.8	24.9	16.5	45.7	28.1
Latino	11.0	23.9	21.1	44.0	34.4
Asian/Other	8.5	23.3	25.9	42.3	33.8
Gender by Age					
Males					
12-13	7.0	26.0	19.7	47.3 *	24.4
14-15	15.1	31.3	19.0	34.7	22.0
16-17	12.5	23.2	23.0	41.4	17.5
Females					
12-13	5.5	18.8	31.7	44.0 ***	44.0
14-15	12.3	19.0	23.4	45.4	45.4
16-17	15.4	31.1	19.0	34.5	34.5
Income					
<\$15,000	12.0	22.2	19.5	46.2 **	37.5 *
\$15,000 - \$24,999	14.9	22.6	19.1	43.4	34.7
\$25,000 - \$34,999	15.6	17.1	27.7	39.6	24.9
\$35,000 - \$49,999	18.6	18.3	15.8	47.3	34.5
\$50,000 - \$74,999	6.5	20.4	28.5	44.6	36.3
≥\$75,000	9.9	30.6	25.4	34.1	24.4
Food Stamp Status, % FPL					
Participant, ≤130%	15.1	19.6	20.3	45.1 ***	36.1
Likely Eligible, ≤130%	10.6	24.9	21.0	43.5	33.5
Potentially Eligible, 131-185%	23.4	32.3	8.2	36.1	32.3
Not Eligible, >185%	8.2	27.0	26.2	38.6	27.0
Smoking Status					
Non-Smokers	10.4	25.5	22.4	41.6 ***	31.2
Smokers	27.8	12.4	26.3	33.4	27.2
Physical Activity Status					
Regular	10.2	22.7	22.2	44.9 ***	32.0
Irregular	13.9	30.8	23.9	31.5	28.6
Overweight Status					
Not at Risk	12.4	24.1	23.8	39.8	31.2
At Risk/Overweight	9.2	26.2	19.5	45.2	30.1

¹ Categorized as having less than one serving of fruits and vegetables.

² Recommendations equal 7 or more servings a day for boys and 5 or more a day for girls.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Some numbers may not add to 100 percent due to rounding.

Chi Square Test

* p<.05

** p<.01

*** p<.001

2006 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 5a: Proportion of California Adolescents Ate the Recommended Cups of Fruits and Vegetables (N=1,225)

For each meal and snack:

Did you eat any fruits or vegetables, or drink any 100% juice for [meal or snack] yesterday?

Which fruits, vegetables or 100% juice did you have for [meal or snack] yesterday?

How many servings of [each fruit, vegetable, or 100% juice reported] did you eat for [meal or snack]?

	Met the Recommendations¹ for Fruits and Vegetables, Percent of Adolescents
Total	38.6
Gender	
Males	33.7 ***
Females	43.8
Ethnicity	
White	32.5 **
African American	40.2
Latino	43.9
Asian/Other	39.5
Gender by Age	
Males	
12-13	40.7 *
14-15	29.8
16-17	30.4
Females	
12-13	45.3
14-15	47.9
16-17	39.1
Income	
<\$15,000	47.1 ***
\$15,000 - \$24,999	47.1
\$25,000 - \$34,999	42.8
\$35,000 - \$49,999	39.9
\$50,000 - \$74,999	45.9
≥\$75,000	26.7
Food Stamp Status, % FPL	
Participant, ≤130%	48.1 ***
Likely Eligible, ≤130%	44.4
Potentially Eligible, 131-185%	35.4
Not Eligible, >185%	32.8
Smoking Status	
Non-Smokers	38.8
Smokers	35.1
Physical Activity Status	
Regular	39.9
Irregular	35.2
Overweight Status	
Not at Risk	38.4
At Risk/Overweight	38.5

¹ Recommendations based on age and physical activity level, as described in the *Dietary Guidelines for Americans, 2005*.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

* p<.05

** p<.01

*** p<.001

2006 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 6: Belief by California Adolescents About the Number of Servings of Fruits and Vegetables Needed Each Day for Good Health (N=1,213)

How many total servings of fruits and vegetables do you think you should eat every day to be healthy?

	Servings of Fruits and Vegetables Believed Needed, Percent of Adolescents		
	0-2	3-4	5+
Total	8.3	27.5	64.2
Gender			
Males	9.2	29.1	61.7
Females	7.4	25.9	66.8
Ethnicity			
White	5.3	31.1	63.6
African American	9.1	23.7	67.3
Latino	10.8	27.4	61.8
Asian/Other	9.1	20.2	70.7
Gender by Age			
Males			
12-13	12.2	19.8	68.0
14-15	6.2	38.5	29.3
16-17	9.1	29.3	61.6
Females			
12-13	9.9	21.6	68.5
14-15	8.5	20.2	71.4
16-17	3.7	36.0	60.4
Income			
<\$15,000	8.2	26.1	65.7
\$15,000 - \$24,999	14.2	34.8	51.0
\$25,000 - \$34,999	12.5	30.8	56.8
\$35,000 - \$49,999	8.5	27.7	63.8
\$50,000 - \$74,999	4.9	20.8	74.2
≥\$75,000	6.2	29.6	64.2
Food Stamp Status, % FPL			
Participant, ≤130%	9.7	29.4	60.9
Likely Eligible, ≤130%	15.3	31.9	52.8
Potentially Eligible, 131-185%	10.2	33.5	56.3
Not Eligible, >185%	5.2	24.7	70.0
Smoking Status			
Non-Smokers	8.1	27.8	64.1
Smokers	12.6	22.6	64.8
Physical Activity Status			
Regular	6.6	27.0	66.4
Irregular	12.9	29.0	58.1
Overweight Status			
Not Overweight	8.9	26.2	64.9
Overweight/Obese	5.6	29.1	65.3

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Some numbers may not add to 100 percent due to rounding.

Chi Square Test

** p<.01

*** p<.001

2006 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 7: Cross Tabulation of Fruit and Vegetable Consumption Among California Adolescents by Belief in the Number of Servings Needed (N=1,213)

How many total servings of fruits and vegetables do you think you should eat every day to be healthy?
 How many servings of [each fruit, vegetable, or juice reported] did you eat for [meal or snack] yesterday?

Servings of Fruits and Vegetables Believed to be Needed	Percent of Adolescents	Servings of Fruits and Vegetables Eaten, Percent of Adolescents		
		0-2	3-4	5+
0-2	8.3	12.6	40.6	46.8
3-4	27.5	6.6	27.9	65.4
5+	64.2	5.5	16.1	78.4

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Some numbers may not add to 100 percent due to rounding.

Chi Square Test

*** p<.001

2006 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 8: Reasons Why California Adolescents Are Eating More Fruits and Vegetables (N=1,220)

What is the main reason you eat fruits and vegetables, or drink juice?

	Reason Reported for Eating Fruits and Vegetables, Percent of Adolescents			
	Like Taste	Health	Nutrients	Other ¹
Total	27.2	47.6	14.5	10.8
Gender				
Males	25.4	47.2	15.6	11.9
Females	29.1	47.9	13.4	9.6
Ethnicity				
White	33.7	43.2	12.9	10.1
African American	20.8	63.0	9.1	7.1
Latino	25.3	47.4	15.0	12.4
Asian/Other	18.2	51.5	20.3	10.0
Gender by Age				
Males				
12-13	21.1	48.1	15.6	15.2
14-15	30.0	45.0	15.9	9.1
16-17	25.0	48.5	15.2	11.3
Females				
12-13	25.0	55.7	10.3	9.0
14-15	25.9	52.4	12.6	9.1
16-17	36.6	35.2	17.5	10.7
Income				
<\$15,000	22.4	52.5	10.5	14.6
\$15,000 - \$24,999	27.2	41.8	22.4	8.7
\$25,000 - \$34,999	29.2	53.8	11.0	5.9
\$35,000 - \$49,999	32.1	48.6	14.8	4.5
\$50,000 - \$74,999	35.5	48.8	7.7	8.0
≥\$75,000	26.3	45.8	16.0	11.8
Food Stamp Status, % FPL				
Participant, ≤130%	22.6	48.0	19.5	9.9
Likely Eligible, ≤130%	25.3	50.5	12.5	11.8
Potentially Eligible, 131-185%	31.2	48.3	17.8	2.7
Not Eligible, >185%	28.6	47.6	12.2	11.6
Smoking Status				
Non-Smokers	27.2	47.4	15.0	10.4
Smokers	26.8	49.9	4.5	18.8
Physical Activity Status				
Regular	25.4	49.0	15.4	10.2
Irregular	31.8	43.6	12.1	12.5
Overweight Status				
Not Overweight	27.9	47.4	14.9	9.9
Overweight/Obese	25.0	46.5	14.1	14.4

¹ Includes "available", "weight control", "important to parents", "easy to find or fix", "served with meals", "important to others", and "important to me".

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Some numbers may not add to 100 percent to rounding.

Chi Square Test

* p<.05

** p<.01

*** p<.001

2006 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 9: Barriers to Eating More Fruits and Vegetables Among California Adolescents (N=1,165)

What is the main reason you don't eat more fruits and vegetables, or drink more juice?

	Barriers Reported to Eating More Fruits and Vegetables, Percent of Adolescents							
	Don't Like Taste	Not Available	Don't Think About It	Choose Other Foods	No Time	Not Hungry	Eat Enough	Other ¹
Total	15.7	24.1	7.8	16.1	7.8	10.9	7.0	10.6
Gender								
Males	16.1	26.3	6.8	16.2	9.5	11.3	4.2	9.6
Females	15.4	21.7	8.9	16.1	6.0	10.5	9.9	11.5
Ethnicity								
White	15.0	29.6	8.8	15.6	9.8	10.3	5.2	5.8
African American	20.2	21.9	3.0	22.5	5.8	12.7	7.3	6.6
Latino	18.8	15.4	7.5	19.0	6.2	9.0	8.8	15.2
Asian/Other	6.9	33.9	8.4	6.6	7.8	16.9	7.0	12.5
Gender by Age								
Males								
12-13	18.9	19.8	6.1	13.4	5.5	17.1	7.1	12.2
14-15	14.8	25.7	8.8	15.0	12.3	9.4	1.9	12.2
16-17	14.5	33.2	5.5	20.0	10.6	7.6	3.8	4.8
Females								
12-13	15.2	6.3	9.3	13.7	7.1	10.8	16.7	20.9
14-15	17.6	19.7	6.8	19.7	6.8	8.9	9.3	11.2
16-17	13.2	39.5	10.5	15.0	4.1	11.7	3.7	2.3
Income								
<\$15,000	21.9	11.4	12.5	21.4	3.4	3.8	5.0	20.5
\$15,000 - \$24,999	23.6	17.0	9.0	17.7	5.2	6.2	10.9	10.4
\$25,000 - \$34,999	8.6	26.2	2.2	18.5	4.9	12.3	9.3	18.0
\$35,000 - \$49,999	17.4	28.7	7.6	16.9	9.6	12.4	2.8	4.5
\$50,000 - \$74,999	5.7	16.4	16.4	6.2	14.9	21.6	4.9	13.9
≥\$75,000	11.4	37.4	4.8	16.6	6.8	9.4	6.0	7.6
Food Stamp Status, % FPL								
Participant, ≤130%	15.2	24.5	8.2	17.4	5.6	9.6	5.8	13.7
Likely Eligible, ≤130%	24.2	9.1	8.1	16.6	6.7	8.6	12.2	14.5
Potentially Eligible, 131-185%	15.9	36.0	12.1	10.5	5.6	12.3	2.6	5.0
Not Eligible, >185%	12.8	29.7	7.3	15.1	9.0	10.8	5.9	9.4
Smoking Status								
Non-Smokers	16.1	23.4	7.7	15.8	7.9	10.9	7.3	11.0
Smokers	8.1	38.8	10.8	23.1	4.7	11.4	1.9	1.1
Physical Activity Status								
Regular	15.5	24.2	8.1	15.5	8.7	11.5	6.1	10.4
Irregular	16.2	23.7	7.0	17.9	5.3	9.4	9.5	11.1
Overweight Status								
Not at Risk	14.3	25.6	7.3	16.1	7.3	11.6	8.3	9.4
At Risk/Overweight	19.0	22.2	9.2	13.8	9.9	9.1	2.9	14.0

¹ Other includes "not important", "poor quality", "don't want to gain weight", "too much sugar", "too much fiber", "allergic", and "don't want to get sick"; none of which exceeded 4 percent.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Some numbers may not add to 100 percent due to rounding.

Chi Square Test

* p<.05

** p<.01

*** p<.001